



**Nicole Elmore-
Owner,
Esthetician, Nail
Technician**

At the age of 13 Nicole started working for an Esthetician as her receptionist. It is there that she fell in love with the skin care industry and knew that one day she would like to be an

Esthetician. Immediately following high school she went to Esthetic School. Graduating from Esthetic School in 2004 and thereafter going back for nails and graduating in 2006. In February of 2009 she opened Expressions Day Spa. Today she works there as the Esthetician and Nail Technician and loves every minute of it. "It is very gratifying to know that what I do can make such a difference in the way that people look and feel."



**Leslie D'Addio-
Front Desk**



**Julia Reibel-
Esthetician**

Hi, I'm Julia! I'm so excited to be part of the team here at Expressions Day Spa. As a licensed esthetician, I'm passionate about helping

you achieve luminous, healthy skin with personalized skin care treatments tailored just for you. Whether it's a relaxing facial, rejuvenating skincare, or expert advice on your daily routine, I'm here to make your skin feel its absolute best!

When I'm not at the spa, you can find me researching the latest skincare trends, experimenting with new beauty techniques, or spending time with my 6-month-old adorable mess, Gus.

I believe that self-care is essential, and I'm dedicated to helping you look and feel your most confident.

Can't wait to see you soon and start your skincare journey together!

Book your appointment today and let's glow!



**Teighlor Sain-
Massage
Therapist**

Hey! Hey! Hey!
Namaste and relaxation to all! My name is Teighlor and I've been a massage therapist since 2023! Before I started my holistic healing and treatment for others; I was a music major, culinary arts student,

then a Paramedic. I was in emergency services for over a decade which gave me a love for healing the human body. I wanted to do things more naturally in a less stressful environment which led me to massage therapy. Although my specialty is deep tissue and sports therapy; I also offer lymphatic drainage, TMJ work, sinus drainage, prenatal massage and crano-sacral therapy. I am always looking to broaden my horizons and achieve more modalities to serve each client in the best way I can!



**Nancy Rice-
Massage
Therapist**

Nancy has been passionate about massage therapy since she was young, and pursued her career after graduating from

Greenville Technical College in South Carolina. With 8 years of experience, Nancy is always excited to educate clients on how to achieve their goals while providing a relaxing and therapeutic massage. Her former work with rehab centers and luxury spas allow her to seamlessly blend styles, including sports massage, deep tissue, trigger point therapy, relaxation and more to help clients receive the massage best suited to their wants and needs.



**Mahayla
Fisher- Hair
Stylist**

Hi! My name is Mahayla Fisher. I'm 26, recently married in 2025, and originally from Salisbury but now living in Catawba with my husband as

we start this new chapter together. Doing hair has been my dream since I was little, and I'm so excited to officially be living it after graduating cosmetology school and starting my journey at Expressions Day Spa. I'm outgoing, love being around people, and thrive on making connections with my clients. When I'm not behind the chair, you can usually find me traveling, whether it's soaking up the sun at the beach or enjoying the mountains. Fun fact, my husband is also in the hair world as a barber, so between the two of us, hair talk never stops!



**Brandy Moseley-
Nail Technician/Hair
Stylist**